



Session 2:

Good and bad influences

Recap:



WHAT DOES IT MEAN TO BE
INFLUENCED?



CAN YOU THINK OF SOME
EXAMPLES OF BEING INFLUENCED?

‘Influencers’

This is what we usually call people that we see on social media. There are currently a lot of influencers on social media

Good influences

Family members

Teachers

Friends

Famous people

People in history

Can you think of someone that has influenced you in a positive way?

What are negative influences?



A negative influence is **Something or someone that teaches others to do wrong or to make them have bad thoughts about someone or encourages wrong actions and thoughts.**



Can you think of any negative influences?

What impact can negative influences have on us?

- ▶ They can make us feel bad about ourselves and affect our confidence
- ▶ They can lead us to make bad decisions
- ▶ They can cause us to change our behaviours towards others in a negative way



Types of negative influences

- ▶ People
- ▶ Advertising
- ▶ What we see on the internet (Social media, Youtube, Roblox)

Why is it important to recognise what influence someone is having on you?

Reflection:

